

# ANTIOCH UNIVERSITY

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SANTA BARBARA

MACP Program  
Student Manual

2012-2013

# Welcome Message From the President

Welcome,

I would like to personally thank you for choosing Antioch University Santa Barbara for the pursuit of your academic degree. We pride ourselves on being a small, private, non-profit and fully accredited university located in one of the most beautiful cities in the world. Here, you will find caring faculty who will reach out and help you reach your highest goals.

Our number-one goal at AUSB is to provide you, our students, with the highest possible quality in everything we do. We offer a unique education that integrates theory and its application to practice. Our faculty describe themselves as “reflective practitioners” and they bring their real-life knowledge and depth of experience into your classrooms. We offer a supportive learning environment that encourages collaboration and the development of skills to think critically about complex problems that will ensure your preparation for the future.

At Antioch Santa Barbara, we encourage an interactive learning environment. You will do much more than merely sit in a classroom and listen to lectures. For us, learning includes reflection but it also involves frequent and engaging dialogue with others. You will be challenged. And you will learn more than you ever thought possible.

I look forward to meeting you soon. My door is always open.

Warm Regards,  
**[signature]**  
Nancy Leffert, PhD  
President  
Antioch University Santa Barbara



# Welcome Message From the MACP Program Chair

Dear Student,

On behalf of the Faculty and Staff of the Graduate Psychology Programs, I welcome you to Antioch University and personally look forward to getting to know you during the course of your study here. You are joining us during a very special and exciting time in Antioch's history as you are the very first group to transition to our brand new campus at 602 Anacapa Street. Here you will encounter state of the art facilities and equipment along with an aesthetically pleasing setting which inspires creativity and educational growth. I know you will be proud to be affiliated with our beautiful new campus along with the high standards of our program and Antioch's commitment to social change, justice and community involvement.

As you embark on this journey you will find that our program offers a rich and unique learning experience within the context of small group learning structured in a cohort model. This intentional design invites experiential learning, group discussion, peer support and individualized mentoring by our outstanding faculty. We are all here to help you succeed as you progress through the program and as you make use of our wonderful resources including; your library (online and in person), your Writing Center, online information sites, Student Advisement, and professional development information provided by our Director of Clinical Training. Faculty and staff are always available for information and support as you identify your learning needs and professional interests.

I congratulate you on beginning this wonderful program and look forward to joining you in this new and exciting experience as a student in Graduate Psychology at Antioch University, Santa Barbara.

My best wishes,

Elizabeth Wolfson, Ph.D.  
Chair, Master of Arts in Clinical Psychology Programs

# History of Antioch

More than 130 years ago the American educator Horace Mann had a dream. His desire was to establish a college comparable to Harvard but with some notable differences. This college was to be completely non-sectarian and co-educational. The curriculum would not only include the traditional treatment of the classics, but would emphasize science and the scientific method, history and modern literature. Students would not compete for grades but would be encouraged to pursue issues of interest to them and read what they consider to be worthwhile and present papers on topics of their own choosing.

Antioch College, founded in 1850 in Yellow Springs, Ohio, was the realization of Horace Mann's dream. He became the first president of the College in 1852.

From its inception racial and sexual equality, independent study and independent thinking were integral parts of Antioch. Six students were accepted for the first quarter: four men and two women, who came to share the same college classrooms for the first time in the U.S. The notion of sexual equality extended also to the faculty. Antioch was the first U.S. College to designate a woman as full professor, and the original faculty included seven men and two women. Then in 1863 the college instituted the policy that no applicant was to be rejected on the basis of race.

Antioch has always attracted faculty who were concerned with innovations in education. In the early 1850's, Rebecca Pennel offered a course on teaching methods, which was the first of its kind while John Burns Weston, class of 1857, established a long-standing precedent by being both student and faculty simultaneously. He taught Greek language and literature for 20 years and remained a lifelong student.

While Antioch has never diverged from the philosophy of Horace Mann, the present form of an Antioch education traces its roots to the election of Arthur Morgan as President of the college in 1920. Morgan, like Mann, believed in the development of the individual as a whole. Having seen the difficulty encountered by ivory-tower academicians attempting to participate in the business world he resolved to change the cloistered educational experience by providing students with work experience in their field. This was the beginning of Antioch's unique program of work and study.

Morgan initiated the practice of student government. He also changed the nature of the admissions procedure. Rather than relying on entrance examinations, Morgan opted for more personal information on prospective students. In addition, senior exams were graded "honors" or "pass" and students who failed could retake the exam. Morgan remained at Antioch until 1933, when President Roosevelt requested that he assume directorship of the Tennessee Valley Authority Project.

In the early 1960's, Antioch extended its special curriculum to students in new settings by taking over the Putney School of Education in Vermont (now Antioch New England in Keene, New Hampshire). During the next decade, other adult learning programs were instituted: among them Antioch Seattle; Antioch Los Angeles, Antioch Santa Barbara; and the Antioch Education Abroad Program (with centers in London, Germany and other locations). Today, the five campuses of Antioch University consist of Antioch University Midwest (formally the McGregor School) in Yellow Springs, Ohio; Antioch University New England Graduate School in Keene, New Hampshire; Antioch University Seattle; Antioch University Santa Barbara; and Antioch Los Angeles.

### **Antioch University Santa Barbara**

The Santa Barbara campus opened in 1977 and has experienced steady growth. Located in downtown Santa Barbara, the campus offers more than 60 courses each quarter with a faculty of more than 50 full-time and part-time instructors. Antioch serves local residents as well as commuters and participants in various low-residency programs. Although AUSB will always remain small and personal, current plans call for growth to about 800 students, with particular emphasis on growth in the international student body.

# The Mission, Vision, and Values of AUSB

## **Mission Statement**

*Antioch University provides transformative education to lifelong learners who contribute to the common good.*

Antioch University is founded on principles of liberal arts education, innovative experiential learning and socially engaged citizenship. The multiple campuses of the University nurture in their students the knowledge, skills and habits of reflection to excel as lifelong learners, democratic leaders and global citizens who live lives of meaning and purpose.

## **Vision Statement**

Antioch University Santa Barbara strives to promote a spirit of inquiry as a multi-cultural, intergenerational, and accessible institution which values and nurtures an innovative, reflective, and experiential approach to educational excellence. Building on our history and fostering creativity and leadership, we, the community of Antioch faculty, students, staff, and alumni-centering ourselves in compassion, ethical steadfastness, and a never-ending belief in the possible-carry this vision into the world.

## **Values Statement**

We value and commit to model in our lives and our work:

- Global perspectives and knowledge of the interconnected context in which we act;
- coalitions across groups for building common ground;
- social justice, support for a sustainable environment, and community partnerships;
- anti-racism as an imperative of the historical moment in which we live;
- human dignity and dismantling ethnic biases, heterosexism, sexism, ageism, discrimination based on religious, cultural and political affiliations, and other forms of oppression;
- an intellectual climate that acknowledges the whole person, focusing on wisdom, creativity, experience, and skills needed to promote social change.

# The MACP Program

## **MACP Program Mission Statement**

Our mission is to foster an experiential and interpersonal learning environment in which the life experience and diversity of each student are valued. Our education is cooperative, egalitarian, and transformative. Students are our colleagues in teaching and learning. We hope to guide students in becoming more self-aware, reflective, sensitive to others and their uniqueness, aware of the diverse needs of the surrounding community, and more connected to and willing to provide service to the local community and larger society. We stress critical thinking that questions one's assumptions and biases, psychological theories and practices, and the profession. We emphasize integrity, ethical behavior and reflective self-evaluation with the aim of encouraging students to ask questions and make decisions consistent with the values of social justice. We strive to impart current knowledge and reach effective skills, but hold the value that educational and personal change are life long processes to be continued.

## **M.A. Clinical Psychology Program Goals**

Our primary goal is to prepare competent psychotherapists who can provide therapeutic services in the local community and to the larger society. To meet this goal the Program emphasizes the academic, practical, and personal knowledge that will enable each graduate to become competent in diagnosis, treatment planning, and psychological interventions with individuals, couples, and families. Multicultural competence and ethical practices are also emphasized. Our graduates are an integral part of the Santa Barbara and the California Central Coast professional community who benefit from the strong reputation Antioch has for master's level mental health professionals.

## **Program Goals**

- (1) **Theoretical Foundations of Professional Psychology:** Graduates demonstrate mastery of foundational areas psychology and can apply key theoretical concepts to professional practice from human development, psychotherapy theories including family systems theories, research methods, psychopathology, multicultural psychology, and psychological assessment.
- (2) **Clinical Skills Integration:** Graduates possess the clinical skills needed to conceptualize and plan treatment for typical cases within the scope of MFT intern practice. They can demonstrate skills related to the formation, maintenance, and termination of the therapeutic relationship, client evaluation, psychotherapeutic interventions, case conceptualization and treatment planning. The integration of theory and practice guides clinical decision making.
- (3) **Professional Identity/Legal and Ethical Competence:** Graduates have integrated the identity and professional role behavior of a California Marriage and Family Therapist who comprehends and competently applies California legal statutes and CAMFT ethical principles to their professional work. They possess knowledge of the customary process for managing ethical problems and dilemmas and act within the ethical boundaries of the profession.
- (4) **Multicultural competence:** Graduates possess knowledge of socio-cultural and demographic differences and the impact of cultural position on individuals' mental health and adjustment. They are aware of their own cultural

identity and exhibit sensitivity to the socio-cultural position of others. Socio-cultural factors are integrated with the skills needed to practice effectively with a diverse client population.

(5) Clinical suitability: Graduates demonstrate a level of personal development that is required to work as a mental health professional including integrity, sensitivity, flexibility, insight, compassion and personal presence as evidenced by completion of work in a timely manner, establishment of personal boundaries, acceptance of critical feedback without defensiveness, examination of own motives, values, behaviors (self-reflection), acceptance of responsibility for own actions, self-awareness of own impact on others, management of personal distress, and demonstration of freedom from emotional or behavioral problems that interfere with functioning.

(6) Professional writing competence: Graduates' writing expresses psychological concepts or clinical observations clearly with good organization, structure, and mechanics. They have knowledge of the format for professional documentation and citations in academic papers.

(7) Critical Thinking: In solving clinical problems, graduate use rational and coherent acquisition, analysis, synthesis, and evaluation of information from multiple sources. They examine their conclusions, clinical judgments or solutions for bias. Decision making is informed by evidence and/or multiple points of view, and judged appropriate for application in a complex scenario.

## **Degree Concentrations**

### **Master's in Clinical Psychology with a Concentration in Marriage and Family Therapy (73 units)**

The MA in Clinical Psychology is an applied psychology program designed to prepare culturally sensitive therapists who want to be professionally licensed as Marriage and Family Therapists (MFT). The degree meets the educational and training requirements of the Board of Behavioral Sciences for professional licensure as specified in the CA Business and Professional Code section 4980.36. As part of their curriculum students earn a portion of their 3,000 hours of supervised clinical experience required for a MFT license.

### **Master's in Clinical Psychology with a Concentration in Latino Mental Health (LMH) (73 Units)**

The Latino Mental Health concentration is specifically designed for students who are bilingual and bicultural, or are fluent in the Spanish language and have a passion to serve Latino consumers in a community mental health setting.. Students take all of the courses required for licensure as a Marriage and Family Therapist, including courses that provide specialized training in working with Latino individuals and families.

### **Master's in Clinical Psychology with a Concentration in Healthy Aging (85 Units)**

The Healthy Aging concentration is specifically designed to provide clinical preparation for serving the growing population of older adults and their families. Through specialized coursework and training, students will gain knowledge about the physical, social and psychological aspects of aging and learn intervention skills to assist older adults, their families and caregivers.

# Degree Requirements

## Coursework

Students are required to complete all coursework as is laid out in the Plan of Study for their specific concentration. Students are able to transfer up to 9 units of graduate psychology courses taken elsewhere if they meet Antioch University's requirements for transfer credit. Units must be current and no older than 3 years. To apply for transfer credit, obtain the Permission to Transfer Units Form from the Registrar's Office.

## Traineeship

Clinical Traineeship hours leading to graduation must be completed in California by a California licensed Marriage & Family Therapist, Licensed Clinical Social Worker, Licensed Psychologist, or a Licensed Physician certified in psychiatry by the American Board of Psychiatry and Neurology

After an MACP student has completed 18 units of coursework prerequisites and a course in Professional Orientation she/he becomes eligible for traineeship.

To fulfill degree requirements for all concentrations students are required to complete **150 hours of experience** (including face-to-face counseling and client centered advocacy) at one or more approved sites. Students are also required to be enrolled simultaneously in a practicum class while earning hours in a community training site. Students who begin graduate studies after August 1, 2012 will be required to complete 225 hours of experience as stated above which are counted towards requirements for BBS MFT licensure.

In the traineeship, students work with clients alongside professional psychotherapists, and peers from many schools and disciplines. A variety of settings such as non-profit, government, educational, health care, or rehabilitation sites accept Antioch students for training. Antioch's M.A. in Clinical Psychology Program maintains training agreements with over more than 100 practicum placements, serving a variety of populations in the tri-county area (Santa Barbara, Ventura, and San Luis Obispo Counties.)

Dr. Albert Munoz-Flores, Director of Clinical Training oversees the Clinical Training Program and is responsible for establishing, approving, and maintaining traineeships sites in Santa Barbara, Ventura, and San Luis Obispo counties. **Approved sites and contact information can be found on the Clinical Traineeship Sakai site, along with all of the needed paperwork to earn hours of experience at a community site.**

<https://sakai.antioch.edu/xsl-portal/site/184f93e5-e070-459a-9ece-7477b6e31ca9/page/b716b298-4116-47b1-9174-97806e69aff4>

Students are responsible for finding and securing traineeships from the list of approved sites. If a student identifies a new site (not yet approved by Antioch), our Clinical Training Director will facilitate the process for the site to become an approved MACP traineeship If you have any questions regarding traineeship or the Clinical

Traineeship Sakai site, you may contact Dr. Munoz-Flores at (805) 962-8179, ext. 5619 or email to [amunoz@antioch.edu](mailto:amunoz@antioch.edu). His office is located on the third floor, room 341.

What you can do now, to get ready for traineeship:

- Read the local newspapers to learn about mental health agencies and related events that take place in your community
- Develop or update your resume.
- If you have no prior experience, volunteer in a non-profit agency to build your resume.

The quarter before you are due to start traineeship:

- Talk with your advisor about your career goals.
- Read the *Traineeship Guidelines* located on the Clinical Training Sakai site <https://sakai.antioch.edu/xsl-portal/site/184f93e5-e070-459a-9ece-7477b6e31ca9/page/b716b298-4116-47b1-9174-97806e69aff4>

The Clinical Training Sakai site is an updated source of all the traineeship information and paperwork you will need to complete your practicum.

- Familiarize yourself with the paperwork.
- Visit the BBS website to read information for trainees and interns
- Contact agencies that interest you; ask about application procedures.

### **Board of Behavioral Sciences Educational Requirement**

Students awarded the degree in Clinical Psychology from Antioch University meet the Board of Behavioral Sciences curriculum requirements as Marriage and Family Therapists (MFT) in the State of California. In the event of a change in licensing requirements, the program will modify the curriculum of the clinical psychology program in order to ensure students meet California licensure requirements. It is recommended that students also maintain contact with the [BBS](http://www.bbs.ca.gov/) (<http://www.bbs.ca.gov/>) to stay informed of changes that may affect their efforts to obtain a license. Please note that a prior felony conviction and certain misdemeanor convictions, may preclude eligibility for licensure as an MFT. (Section 480- California Business And Professions Code) .

Students interested in licensure in a state other than California should contact that state's professional licensing body for information on academic and clinical training requirements for licensure in that state. Although our accredited degree is portable, most states have specific course requirements unique to that jurisdiction. Requirements that may vary include a degree with more units, additional coursework, and/or hours of clinical training.

For a complete list of course descriptions, please refer to AUSB's General Catalog at: [http://antiochsb.edu/wp-content/pdf/AUSB\\_Catalog\\_2011-12.pdf#page=89](http://antiochsb.edu/wp-content/pdf/AUSB_Catalog_2011-12.pdf#page=89)

# Evaluation of Student Work

## Narrative Evaluations: Philosophy; Writing Thorough Evaluations

Narrative evaluations are at the core of AUSB’s educational process and a foundation for student learning. All Antioch courses and other learning activities are evaluated through narrative evaluator learning assessments (ELAs) written by the instructor at the end of the quarter. The instructor indicates “Credit Awarded”, “Credit Not Awarded”, or “Incomplete”, and writes a detailed, thoughtful assessment of the student’s learning with specific relationship to articulated learning objectives. Narrative ELAs are submitted electronically and are digitally signed by the evaluator when clicking the submit button. They must be completed by faculty and submitted to the Office of the Registrar by the Friday of the 12th week of the quarter.

## Why Not Grades?

AUSB is strongly committed to narrative evaluations rather than grades in order to minimize competition within the institution, to foster student self-direction in learning, and to provide students with more meaningful feedback on their learning. We believe the absence of grades on the transcript fosters increased student ownership of learning, rather than students working for external validation as in traditional academic systems. Thus, narrative evaluations hold an important place in Antioch’s educational philosophy, and instructors are expected to provide substantive comments. AUSB transcripts show courses for which students have received credit.

Each narrative evaluation includes a rubric that describes the overall performance in the course so that students gain an accurate sense of their performance. If a student anticipates the need for grades or a GPA, he or she may request that an instructor include a grade equivalent in the narrative evaluation. Grade equivalents do not appear, however, on official Antioch transcripts. For the purposes of external reporting, narrative evaluations may be sent to other institutions and employers, for graduate school, scholarships, and the like, as part of the student’s official academic record. In the situation in which no grade was requested and a student determines, after the fact, that a GPA is needed, the overall performance rubric will be used to convert your performance into a grade equivalent. A GPA equivalent is reported in a letter that is sent to external institution

Outstanding	Excellent	Very Good	Good	Satisfactory with	Unsatisfactory
Student’s performance was distinguished by exceptional initiative and mastery of course objectives; the work integrated course learning with prior knowledge and/or experience.	Student’s performance demonstrated above average mastery of the course objectives and extra initiative to create or produce highly effective work	Student’s performance demonstrated full competency in meeting the learning objectives; learning was demonstrated in a particularly clear & competent manner	Student’s performance in the course was competent and the expected level of learning was met	Student’s performance was minimally acceptable; there were some major problems (identify) although not severe enough to be deemed unsatisfactory.	Student’s work was characterized by such major problems (specify) that no credit for the course can be given. Some corrective action or remediation needs to be arranged

# Who to Contact?

## **MA Psychology Program**

Elizabeth Wolfson, Ph.D., Program Chair (ext. 5155, Office 344)

Albert Munoz-Flores, PsyD., Director of Clinical Training and Core Faculty Advisor for LMH concentration (ext. 5619, Office 341)

Catherine Radecki-Bush, PhD., Core Faculty (ext. 5229, Office 339)

Donna Mathes, MA, MAP Student Advisor (assists with course planning, supports your learning needs and compliance with University procedures and policy). (ext. 5337, Office 342)

Tara D'Orazio, MA, MAP Program Coordinator (ext. 5326, Office 336)

## **The Registrar's Office**

Registrar: Julia Dubiel (ext. 5105)

- \* maintains academic records
- \* change of name, address, and phone number
- \* verification of enrollment
- \* changes to enrollment status
- \* credit reports
- \* graduation checks and graduation applications
- \* program verification for BBS
- \* transcript requests for Antioch courses
- \* all other for

## **Financial Aid**

Assistant Director, Financial Aid: Babs Willens (ext. 5131)

Financial Aid Advisor: Bill Defoi (ext. 5108)

This office distributes Federal financial aid applications and interprets the results of that application. The Financial Aid Director and Advisor are there to help you project school and living expenses and to help you make loan arrangements. They also have information on searching the World Wide Web for scholarships. If you receive financial aid, all changes of status should be discussed and cleared with Financial Aid Office staff.

## **Fiscal**

Paul Lucinao (ext. 5103)

Located on the 1st floor—this is where you pay your tuition

## **Antioch Santa Barbara President**

Nancy Leffert, Ph.D.

President

Bill Richardson, Ph.D.

Vice President of Academic Affairs

## **Library**

Library Director: Christine Forte (ext. 5177)

## **I.T. Support**

Bryon Dean (ext. 5317)

## **Student Services**

Donna Mathes-Contact for students w/disabilities (ext. 5337)

# Core Faculty & Adjunct Biographies

## CORE FACULTY

**Elizabeth Wolfson, PhD, LCSW** is the Chair of the Master of Arts in Clinical Psychology (MACP) program. Dr. Wolfson received her Ph.D. in Clinical Social Work from New York University School of Social Work. Her experience includes thirty years in clinical practice and sixteen years as an administrator in social service agencies. She has been teaching for over nineteen years (including nine years as an Antioch instructor and ten years at Columbia University in New York). She has strong background and interest in psychodynamic, humanistic-existential, narrative, and systemic theories. Her clinical approach is integrative and systemically oriented.

Dr. Wolfson's professional accomplishments include; the creation of an innovative intervention program which pairs at-risk youth with Holocaust survivors to address diversity and combat youth violence. She was also Project Associate in two film collaborations with UCSB Department of Film and Media Studies which screened in the Santa Barbara International Film Festival (2006, 2007). Dr. Wolfson was an innovator of the soon to be launched "Santa Barbara Village," a pioneering program supporting the ability of people to remain in their homes and communities as they age. She has presented at national and international professional conferences on a range of topics including; "Gender Issues In Psychotherapy" "Diversity and Dialogue Through the Arts: A Community Endeavor," "Practicing Poetically: Harnessing the Essential Magic of Language In Psychotherapy." "The Holocaust Survivor and Gang Member: An Unlikely Pair" and "Assessment and Intervention with the Aged: A Systemic Approach." Among her publications are included "Practicing Poetically: A Client-Centered Multi Theoretical Response To Trauma." and "The Fee In Social Work: Ethical Dilemmas For Practitioners." In 2003, Dr. Wolfson was named Administrator of the year by NASW Santa Barbara Chapter and in 2006 she received the AJFCA Kovod Award for Excellence in Media.

In addition to overseeing the Master's in Psychology Programs at Antioch University, Santa Barbara, Dr. Wolfson also serves as Vice President of Professional Development on the Board of NASW, is a co-Editor of the Psychotherapy section of the website "AllThingsHealing," and maintains a private practice of psychotherapy in Santa Barbara.

**Catherine Radecki-Bush, PhD**, earned a PhD in Clinical Psychology from the University of Delaware in 1982. She has been a member of the Antioch faculty since 1996. Prior to her appointment at Antioch, she was an Assistant Professor of Psychology at Virginia Commonwealth University where she directed a doctoral psychology training clinic that provided services to the Richmond community. Dr. Radecki-Bush has also held adjunct positions at Capella University, Eastern Carolina School of Medicine, and the University of Delaware.

Dr. Radecki-Bush's clinical experience includes psychologist positions in community mental health and private practice with women and couples. Her therapy orientation integrates Interpersonal and Systems theories.

**Albert “Al” Munoz-Flores, PsyD**, is a Core Faculty member and the Director of Clinical Training in the Master of Arts in Clinical Psychology Program. Dr. Munoz-Flores also oversees the program’s Latino Mental Health Concentration and is adjunct faculty in the Doctor of Clinical Psychology Program. He holds a doctoral degree in Clinical Psychology with an emphasis in Forensics from the Phillips Graduate Institute in Encino, California. Dr. Munoz-Flores has completed an APA Certified Predoctoral Internship in Clinical Psychology from Casa Pacifica Residential Treatment Center in Camarillo. Dr. Munoz-Flores also completed advanced studies in chemical addiction and crisis evaluation at Tarzana Treatment Centers. Before joining the AUSB faculty, Dr. Munoz-Flores worked at the Child & Family Center in Santa Clarita, Calif. as a crisis therapist. He is bilingual in Spanish and English.

### **ADJUNCT FACULTY**

**Deborah Allen, DCSW, LCSW**, has been an Adjunct Faculty Member of Antioch University since 2000. She received her MSW from UCLA in 1985. She is a Licensed Clinical Social Worker, holds a Diplomate in Clinical Social Work and holds an EMDR Certificate. Her theoretical orientation includes family systems and integrative approaches to therapy. Debbie practices at the Family Therapy Institute of Santa Barbara and maintains a small private practice in Ventura. She has worked with children, adolescents and families in a broad range of treatment programs including psychiatric hospitals, day treatment programs, residential programs, and both public and non-public schools. She has held various positions with the State Chapter Board of the National Association of Social Workers, the local Board of NASW, and has served on the Santa Barbara Mental Health Commission. She was the recipient of the Social Worker of the Year Award in both Ventura and Santa Barbara Counties.

**Judy Bruton, JD, MSW**, received undergraduate, law and social work degrees from Washington University in St. Louis, Missouri. She practiced law as a criminal prosecutor and a corporate trial attorney for many years before getting her LCSW in Missouri. Judy also trained in a two-year post-graduate program at the St. Louis Psychoanalytic Institute. She worked for

several years in the field of eating disorders, starting as a therapist who worked with individuals, groups and families at a residential treatment center, and then doing supervision for other therapists at the center. Judy co-founded a non-profit organization dedicated to raising awareness of the complexity of eating disorders and has held community workshops and taught classes for therapists in St. Louis and nationally in that field. In addition to this work, Judy had a general private practice as a psychotherapist before her recent move to Santa Barbara. Judy is also a trained mediator.

**Wendy Elliott, M.Ed, LCMHC, BC-DTR**, has taught at Antioch University New England for the last 25 years in the Dance- Movement Therapy Program, Clinical Mental Health Counseling Program, and Organizational and Management Program. In addition, Wendy has worked as a licensed clinical mental health counselor and board certified dance movement therapist for the last twenty five years in hospitals, community mental health agencies, and private practice. Wendy's specialty is in integrating body oriented and mindfulness based approaches into the counseling room. Wendy's theoretical perspective includes a self-in-relation approach along with somatic psychology, narrative therapy, positive psychology, CBT, Jungian psychology, and internal family systems. She works from a culturally sensitive framework and enjoys working with clients who suffer from trauma, depression, anxiety, and somatic issues. Wendy is bi-cultural with Latina roots and speaks conversational Spanish.

**Jay Fortman, PhD., MFT**, received his PhD from University of California Santa Barbara. He works as a school psychologist in the elementary school system. He also has a private practice. He has published numerous articles in several journals and authored two books. One titled *Between Two People*, published by ACA for counseling with couples and an upcoming book titled *AD/HD and the Whole Family*. He conducts workshops on stress, AD/HD, Learning Disabilities, Aspergers and Self-Esteem.

**Neil Friedman, MSW** has been adjunct faculty at Antioch University Santa Barbara since 1989. Most recently, these courses have included *Working with Couples and Families*, *Psychopharmacology*, *Psychopathology*, *Community Mental Health and Effective Mental Health Interventions*. Neil has 30 years experience as a therapist working with individuals, couples, adolescents and families. During this time, he has also managed and helped to develop a variety of treatment programs, including *The Phoenix of Santa Barbara* and *The CRMHS Hospital Alternatives Program*. Neil has also had extensive experience dealing with severe and persistent mental illness as well as counseling people with transitional crisis and PTSD issues. He has been extensively trained in *Dialectical Behavioral Therapy (DBT)* and directed the DBT program for CRMHS for ten years. DBT helps people with severe impulse control problems and has a focus on increasing emotion regulation, distress tolerance, interpersonal relations and mindfulness skills.

**Kirsten Gabriel, Ph.D.**, received her doctorate in Clinical Psychology from the University of Georgia, where her research focused on trauma, posttraumatic stress, and mindfulness. She conducted research and clinical practice in the Trauma Recovery Programs at the Baltimore Veterans Affairs Medical Center. Dr. Gabriel also worked in Counseling and Psychological Services at the University of Maine and University of Nevada, Las Vegas. Currently, she works in Counseling Services at the University of California, Santa Barbara. In addition to clinical practice, Dr. Gabriel supervises graduate students, coordinates the Mindfulness Based Cognitive Therapy group programs, and directs the Stress Management Peer Office. She continues her work with veterans and their families by providing clinical services, outreach, consultation, and training to the University and Santa Barbara communities on relevant issues. Dr. Gabriel also maintains a private practice in Santa Barbara.

Dr. Gabriel is a licensed psychologist in both California and Nevada and is a Registrant with the National Register for Health Service Providers in Psychology. She is a Registered Yoga Teacher and a certified Phoenix Rising Yoga Therapist. She is a member of the American Psychological Association, California Psychological Association, Santa Barbara County Psychological Association, and the International Association of Yoga Therapists. She enjoys integrating her practice and teaching of psychology and yoga.

**Elisa A. Gottheil, PhD**, has been teaching at Antioch University Santa Barbara since 2009. Her love for teaching stems from her early formation as a trainer of trainers in the Adult Learning modality. The years she spent as a trainer, assisting professionals with their personal development and organizational skills, between 1994 and 2000, led her to further commit to the field of psychology. She went on to attain a doctoral degree in clinical psychology in 2007 from Pacifica Graduate Institute.

In addition, Dr. Gottheil has developed clinical expertise in the field of drugs and alcohol. She has been working with addicted teens and adults since 2001 in the context of the juvenile justice. In this environment she has developed an expertise in identifying fetal alcohol spectrum disorders as well as training others on the topic since 2004. She has also been teaching various courses at the Alcohol and Drugs Certification program at Santa Barbara City College, for the last six years.

Dr. Gottheil has published in the field of spirituality; therapeutic narratives to spiritual images. She plans to dedicate her time to teaching and training in her areas of research and expertise.

**Linda J. Holder, PhD** completed her doctoral studies at Pacifica Graduate Institute. Her chosen emphasis was clinical psychology. Her dissertation was a qualitative analysis on the intersections between Jungian Archetypal Theory and Quantum Physics. In 1990, Linda graduated with her Masters in School Counseling from Loma Linda University, after which she practiced as a school counselor for 14 years, working with a range of children from K-12 grades. During her tenure as a school counselor, she was honored with the *Women of Vision* award (2000), Ventura

County for her development and implementation of Peace Day Camp; a diversity awareness retreat for youth; as well as *Teacher of the Year* (2001) for her service. Linda has had a range of clinical experience which includes working with inmates in the Ventura County Corrections System, Acute Care Psychiatric Case Management, and Mental Illness and homelessness. She began teaching in the School of Education, Graduate Department of School Counseling at California Lutheran University in 1999, when she continues to teach to this day, in the Psychology Department, Graduate Department of Clinical Psychology with emphasis in Family Therapy. Then, began teaching at Antioch University, Santa Barbara in 2007. Currently, Linda lives in Santa Barbara, and continues to teach at California Lutheran University and Antioch University as adjunct professor.

**Louise Jansen, MSW**, a 1983 graduate of the University of Wisconsin is a licensed clinical social worker who has more than 25 years experience in clinical work and public mental health services. She has been a clinician, coordinator, and manager of county services and has specialties in treatment programs designed to serve clients with the most serious mental illnesses. Now as an adjunct professor, Louise teaches with a philosophy of engaging the students in understanding the experience and issues related to mental illness and providing them valuable skills and tools to work in the community mental health field.

**Stuart S. Light, MA, MEd**, received his Master's degree in Counseling Psychology from UCSB and his Master's Degree in Clinical Psychology from Antioch University. He has completed post-graduate MFT internships at PathPoint, Inc. counseling dually-diagnosed clients with serious mental illnesses, Santa Barbara City College working with a diverse population of students through individual, couples, and family counseling, and UCSB as an individual and group therapist in the Alcohol and Drug Program. Mr. Light is currently employed in the position of Lead Clinician on the Santa Barbara County ACT (Assertive Community Treatment) Team working with severely mentally ill clients and their families.

Stuart is a member of the adjunct faculty at Santa Barbara City College in the Alcohol and Drug Certification Program, and Antioch University, teaching courses in the Master's Program in Clinical Psychology, and the Bachelor's Program, psychology concentration. Mr. Light has written numerous articles, columns and essays on political, social and psychological issues over the years that have been published in the Los Angeles Times, Santa Barbara News-Press, Santa Barbara Independent, Montecito Journal, Coastal Woman Magazine, and the CAMFT Newsletter, among many other publications.

**Mariela Marin, MA**, earned her Masters in Clinical Psychology from Antioch University, Santa Barbara in 2005. She currently serves as Co-Director at Community Counseling and Education Center allowing her the opportunity to work not only with the community, but also with talented trainees and interns. She has previously worked with other area non-profits serving abused and neglected children and the LGBTQ community. Mariela's strong interest in the area of

multicultural competence and is dedicated to combating power, oppression and privilege through the empowerment of her clients and students.

**Maureen Murdock, Ph.D.**, is a Jungian-oriented psychotherapist in private practice in Santa Barbara, CA. and holds a certificate in EMDR. She was Chair and Core Faculty of the MA Counseling Psychology Program at Pacifica Graduate Institute and is a clinical supervisor at New Beginnings Counseling Center in Santa Barbara. She is the author of the best-selling book, *The Heroine's Journey*, which explores the rich territory of the feminine psyche and delineates the feminine psycho-spiritual journey. Murdock is also the author of *Fathers' Daughters: Breaking the Ties that Bind*; *Unreliable Truth: On Memoir and Memory*; *Spinning Inward: Using Guided Imagery with Children*; and *The Heroine's Journey Workbook*. She edited an anthology of memoir writing entitled *Monday Morning Memoirs: Women in the Second Half of Life* and her books have been translated into over a dozen languages. Her website is <http://www.maureenmurdock.com>

**Richard Posalski, MA**, is a psychotherapist in Chatsworth, Ca. with both an LCSW and an LMFT. He is a graduate of UCLA with a Masters Degree from USC. Prior to coming to Antioch University as an adjunct professor, Richard served on the field faculty of USC and Hebrew Union College. Richard has been a clinical supervisor with the Jewish Big Brothers and Camp Max Strauss, The Los Angeles Free Clinic, Emanuel Academy, and most recently, The Child and Family Center in Santa Clarita. Richard has been in private practice since 1979. He specializes in working with children and adolescents suffering from depression and anxiety. Richard also works extensively with couples and has created a unique modality for couple therapy that has proven remarkably effective. Richard is the founder of The Ten Minute Method, an issue-specific form of brief consultation.

**Suzanne E. Rapley, PhD**, has been adjunct faculty with Antioch University 1983. She is a Licensed Psychologist, Licensed Marriage and Family Therapist, ASSECT Certified Sex Therapist Diplomate, as well as an ASSECT Certified Supervisor. Dr. Rapley has been in private practice in Santa Barbara for over 25 years. Her areas of interest include relationships, intimacy, sexuality issues, sex therapy, gender identity, addictions including internet and cybersex issues; other areas of treatment include anxiety, depression. She sees individuals, couples, families and occasionally offers speciality, time-limited groups. Dr. Rapley has been a professor and trainer for over 30 years. She currently holds adjunct positions with Pacifica Graduate Institute, University of California, Santa Barbara and in the past was affiliated with University of La Verne.

**Frank Price Rust III, PhD**, Frank received his doctorate in developmental psychology research in 1984 from UCSB. He completed postdoctoral training in maternal and child health statistics and epidemiology in 1992. Dr. Rust has taught statistics for the nursing program at CSU Dominguez Hills since 1990 where, in 1997, he was awarded the Judith M. Lewis Outstanding

Educator Award. He was also given the Excellence in Distance Learning Teaching award by the United States Distance Learning Association for a television series he wrote and appeared in about nursing and statistics. Dr. Rust, in the earlier part of his career, had multiple publications in the areas of psychology and maternal and child health. However, in recent years, Dr. Rust has dedicated himself solely to the two tasks he loves most – teaching and learning. He has taught at AUSB since 1992.

**Ryan Sharma, PsyD**, received his doctorate in Clinical Psychology from the University of Denver and his masters in Clinical Psychology with Emphasis in Marriage and Family Therapy from Pepperdine University. In addition to his experience in working with couples and families in a variety of settings, he specializes in behavioral theories and treatments, particularly in treating anxiety and mood disorders. Much of this acceptance-based approach involves the application of Eastern Philosophy to perspectives on life and experience. In the family context, stated values are used to guide family members towards meaningful change.

Dr. Sharma also has a considerable history of actions that demonstrates a commitment to social justice. His specialization in multicultural psychology is reflected not only in his clinical experience and social actions but also in his professional presentations and research interests that include the influence of identity and perspectives of group membership on stereotyping and prejudicial behaviors, cultural and ethnic factors in clinical treatment, the oppression of sexual minorities, and Buddhism and personal identity.

**Robert Tauber, MA, LMFT**, has been an Adjunct Professor at Antioch Santa Barbara for 17 years. He also has served as an Associate Faculty at Antioch, with a focus on curriculum development in the areas of community mental health and serious mental illness. Bob previously was the Clinical Director of the Mental Health Association in Santa Barbara County for 5 years; the Director of the UCLA Neuropsychiatric Institute's Public-Academic Liaison Project for 16 years; the Coordinator of Mental Health Services at Work Training Programs, Inc for 10 years; and Staff and Family Therapist at Belmont Hills Neuropsychiatric Center and Bill Wilson Center for 8 years in the 1970's. He has presented at numerous conferences including the Adult System of Care Conference in San Diego and the Diversity and Cultural Awareness Forum in Santa Barbara. His publications include "Enlisting Indigenous Community Supporters in Skills Training Programs for Persons with Severe Mental Illness" in the journal *Psychiatric Services*. He is a member of Psychiatric Rehabilitation Consultants as well as the Mental Health Arts Festival Coordination Team.

**Andrew Teton, MA, LMFT**: Andrew earned his Masters in Clinical Psychology from Antioch University, Santa Barbara and completed a 2-year program in Hakomi Integrative Body Therapy Training. At CALM Family Therapy Agency, Andrew leads groups for adults dealing with childhood sexual abuse. Andrew has taught Theories of Psychotherapy, Family Systems, Professional Ethics and the Law, Clinical Skills I, II and IV, and Group Psychotherapy at Antioch University. Andrew also leads workshops and CEU classes for Gerry Grossman

Seminars and has trained more than 300 Central Coast MFT interns who passed their California licensing exams. Andrew has participated in neuropsychiatrist Dr. Daniel Siegel's Interpersonal Neurobiology "MindSight" study group for the last three years. Andrew has been a Board Member of the local chapter of the California Association of Marriage and Family Therapists and has published a series of featured editorials and book reviews related to mental health issues. In 2003, he was given a Special Recognition for Leadership Award from CAMFT.

**Salvador D. Treviño, Ph.D.**, received his Ph.D. in Clinical Psychology from Pacifica Graduate Institute in Santa Barbara, California. In addition to maintaining a private practice in Santa Barbara, he works as a family therapist and as Clinical Psychologist Intern for Santa Barbara County Alcohol, Drugs, and Mental Health Services-Children's Clinic where he sees monolingual Spanish speaking patients exclusively. He lectured extensively on the theory and practice of family therapy when he was a member of the adjunct faculty at Pacifica Graduate Institute.

**Michelle Villegas, P.P.S, M.S.W, L.C.S.W.**, obtained her Master's Degree in Social Work from California State University, Sacramento. Concurrently, she received her Pupil Personnel Services Credential. Her theoretical perspectives include a systems and cognitive-behavioral approach to treatment. Currently, she is in private practice. She has been teaching at Antioch for approximately 3 years. She has been a guest lecturer at UCSB's Orfalea Children Center. Her other work experience has included working for child welfare services, residential treatment settings for abused children and pregnant and parenting teens, adoptions, school based counseling, and domestic violence.

Michelle has served as the Vice-President of the California Association of Marriage and Family Therapists, Santa Barbara Chapter and the advisory board for the Children and Families Commission of Santa Barbara. She is also a member of the Society for Children's Book Writers and Illustrators and the Association for Play Therapy.

**Lynn Wierdsma, Ph.D.**, earned her Master's degree in Clinical Psychology with an emphasis in Marriage and Family Therapy from Chapman University College in 2006. She will receive a PsyD in Clinical Psychology with an emphasis in Family Forensics from Antioch University Santa Barbara in June of 2011. Her research interests are eclectic and include the effects of electronically mediated communication and digital culture on interpersonal relationships, as well as the etiology and treatment of Psychopathy and other populations at high risk for violence.

Lynn has conducted forensic and clinical psychological evaluations for the Juvenile Court of Santa Barbara, as well as the California Department of Corrections and Rehabilitation. Her experience includes providing long term individual therapy, group therapy, and case management for adult male inmates at CDCR in addition to providing brief treatment and crisis intervention with incarcerated youth. Lynn has also conducted non-forensic psychotherapy with

individuals, families and couples in a community based clinic. Her theoretical orientation is based on an ecosystemic perspective utilizing cognitive behavioral and integrative approaches to therapy. She has taught in the Masters of Psychology program at AUSB since 2009 and is a member of the American Psychological Association and the California Association of Marriage and Family Therapists.

## **MACP Program Policies**

### **Academic Integrity Statement:**

The University's academic integrity policy classifies plagiarism as a serious violation of that principle. Plagiarism is the representation of someone else's writing, graphics, research, or ideas as one's own. Consequences to the student of substantiated plagiarism may range from required completion of assignments to denial of course credit.

**Confidentiality Statement:**

Classes at Antioch University Santa Barbara are interactive, drawing on the rich experiences of faculty and student alike. Often in the course of these discussions, information of a personal nature is shared. It is the expectation of the University that such information will remain confidential, allowing all to share freely without fear of breach of confidentiality outside the classroom that damage the community and trust of the classroom. Failure to do so is a violation of our ethical and professional responsibilities.

**Assessment of Clinical Suitability:**

Students are assessed in all classes for clinical suitability including interpersonal and professional competence, self-awareness and self-evaluation, openness to feedback, and emotionally stability and well being. It is the ethical responsibility of the instructor to discuss any concerns about a student's fitness for practice with the Program.

**Policy on Incompletes:**

Incompletes are awarded for the purpose of completing final assignments at the discretion of the instructor. Students must request an incomplete in order to receive one. A date is specified for completion of the work that is no later than Week 10 of the following quarter.

**Attendance Policy:**

Students who do not attend class miss important material for successful completion of assignments. At the graduate level students are responsible for their investment in the course including the completion of reading and attendance in class.

Because your class participation is an essential part of the learning experience, missing class may be reflected in your evaluation and grade equivalent. It is expected that you will discuss any unavoidable absences with your instructor in advance of the missed class.

**Attestation Statement:**

Students admitted to the MACP Program are required to read and sign an attestation statement. This statement will be handed out during orientation.

## **AUSB Campus Policies**

**Disclosure of Student Information: FERPA**

According to the Family Educational Rights and Privacy Act of 1974 (FERPA), a school may not release information from a student's record without written consent from the student.

However, there are two exceptions to this law:

- (1) a school may disclose records, without consent, to the following parties: school employees with legitimate educational interest in student's record; other schools to which a student is transferring; certain government officials, in order to carry out lawful functions; appropriate parties in connection with financial aid to a student; organizations doing certain studies for the school; accrediting organizations; individuals who have obtained court orders or subpoenas; persons who need to know in cases of health and safety emergencies; and state & local authorities to whom disclosure is required by state laws adopted before Nov. 19, 1974;
- (2) a school may disclose, without consent, "directory" type information. At Antioch University Santa Barbara, the following information is considered "directory" information: a student's name, home address, telephone number, email address, enrollment status, dates of attendance, program attended, and degree awarded.

*Please note that the Student Directory of names, email addresses, and phone numbers is released only to other students in your degree program, to faculty advisors, and to staff. During registration you may determine whether or not you wish to be included in the Student Directory.*

**If you do not wish this information disclosed, please notify the Office of the Registrar in writing by the next Registration.**

### **Disability Support Services**

Antioch University is committed to providing reasonable accommodation(s) to qualified students with disabilities in order to ensure that all students have an equal opportunity to benefit from and have access to programs and services.

Antioch University's Disability Support Services Policy can be downloaded at this url: [http://www.antiochsb.edu/PDF/Antioch\\_University\\_Disability\\_Support\\_Services\\_Policy.pdf](http://www.antiochsb.edu/PDF/Antioch_University_Disability_Support_Services_Policy.pdf) or by requesting it from your Program Coordinator or Advisor.

### **Student Conduct**

Students are expected to treat each other with respect, to contribute to the learning community of the university, and to abide by all policies related to student conduct. Students in all programs may face sanctions including academic probation, conduct probation, suspension, and/or

dismissal from the University. For more information, please refer to page 32 in the AUSB's General Catalog at [http://antiochsb.edu/wp-content/pdf/AUSB\\_Catalog\\_2011-12.pdf#page=39](http://antiochsb.edu/wp-content/pdf/AUSB_Catalog_2011-12.pdf#page=39)

**\*For a complete list of campus policies and procedures, please refer to AUSB's General Catalog at: [http://antiochsb.edu/wp-content/pdf/AUSB\\_Catalog\\_2011-12.pdf](http://antiochsb.edu/wp-content/pdf/AUSB_Catalog_2011-12.pdf)**

## **Student Services**

**Email**

All Antioch students receive and are required to use their Antioch Gmail account. Notices about campus activities, communication with other students and communication to and from faculty can only be sent through official Antioch Gmail accounts. Students, staff, and faculty must communicate to one another regarding Antioch-related items via their Antioch Gmail accounts.

To access the Gmail log-in page go to <http://mail.antioch.edu>. **Please note: While your Antioch account is a Gmail account, you cannot access it from [www.gmail.com](http://www.gmail.com). You can only log-in through the link given above.**

### **Advising**

Advisors assist students in meeting University academic requirements and understanding University and program procedures. Donna Mathes is advisor to all students in the MACP Program. She can be contacted at (805) 962-8179, ext. 5337 or by email at [dmathes@antioch.edu](mailto:dmathes@antioch.edu). Her office is located on the third floor, room 342.

### **Disability Services**

Current or prospective students who would like to apply for services or have questions regarding disability services and accommodations should contact Donna Mathes, (805) 962-8179, ext. 5337, or [dmathes@antioch.edu](mailto:dmathes@antioch.edu). Her office is located on the third floor, room 342.

### **Student ID Number**

Upon enrollment, you will be issued a 7-digit ID number. You will need this number to log into University sites such as Sakai, MyAntioch, and the library. Your ID number will be given to you at orientation.

### **Student Identification Cards**

To request an identification card, please contact the IT Department at (805) 962-8179, ext. 5317

### **Library**

The AUSB library is on the mezzanine of the Learning Center. The AUSB library's collection of print materials is small but mighty. Materials are selected specifically to support the research and learning of AUSB psychology students. A wide variety of databases containing journal articles, e-books, and videos is available to students anytime. Students who need items that are unavailable in the library's print or electronic collections may request them using We Deliver, Antioch University's interlibrary loan/document delivery service. A Psychology Resources webpage (<http://antiochsb.libguides.com/psychologytoolsintro>) gathers all of these library resources and more in one convenient location. The AUSB Library Director is Christine Forte. ([cforte@antioch.edu](mailto:cforte@antioch.edu) 805-962-8179 x 5177) Feel free to contact her to learn more about AUSB's library services and anytime you feel stuck in your quest for information.

### **Writing Center**

Located on the mezzanine near the library and computer stations. Because AUSB highly values writing as a mode of learning and critical thinking, the writing center was created to support

students in their writing endeavors. Antioch specifically employs a “peer to peer” coaching model, which allows for a pressure-free, open dialogue about the ins and outs of effective academic writing. No judgment, no grades, no evaluation, no shame — just positive encouragement and helpful support. Through talk collaboration, peer writing coaches and student writers work together on strategies to address a myriad of writing tasks and issues. One-on-one and group sessions are available in 30 and 60 minute segments. The center offers scheduled appointments and invites drop-ins as time permits. Writing center visits are free and open to all Antioch students. Students may receive help with any writing task at any stage of development. Please visit [www.antiochsb.edu/writingcenter](http://www.antiochsb.edu/writingcenter) for more information on writing center services.

### **Technology**

Students have access to a number of computer workstations during school hours. If needed, you can receive training and support for standard business software programs and receive an introduction to using the internet for research.

Free and secure wireless is also available on campus for all students. Instructions on how to connect to our wireless network have been posted in all classrooms.

### **Bookstore**

AUSB and Textbookx.com have partnered to build the Antioch SB Bookstore. This virtual bookstore links students to the required and recommended books for their classes and allows students to place their orders 24 hours a day. Students may purchase new or used textbooks, or rent textbooks for the quarter. The Antioch SB Bookstore also offers e-books whenever that format is available. Students may sell textbooks they do not wish to keep back to the Antioch SB Bookstore. The online bookstore is located at <http://antiochsb.textbookx.com>

For more information on Textbooks, please refer to the Registration packet at: <https://sakai.antioch.edu/xsl-portal/site/dc6838b8-a65b-47c8-bdfc-af93b070c58a/page/b2f1e96a-1cd4-4ea5-9f44-fe63953e9ca5>

### **Quarterly Booklist-Where to Find it?**

For new students, the booklist will be printed and distributed during orientation. Beginning second quarter, the booklist can be found at MyAntioch. For more information about how to find your booklist on MyAntioch, please refer to page 44 of this manual.

### **Readers**

Some Antioch courses use custom course readers. In most cases, these readers are available for students to purchase the week prior to the start of the quarter from the Alternative Copy Shop located at 1511 Chapala, Santa Barbara, 93101. (805) 963-7731. The quarterly booklist located

on MyAntioch indicates which courses require readers. For more information on how to find reader information on MyAntioch, please refer to page 44 of this manual.

**Electronic Readers**-For some courses, the quarterly booklist will indicate that the reader can be found online through the Sakai site devoted to the course. For more information about Sakai, please refer to **page 38 of this manual.**

## **Facilities**

### **Hours of Operation**

**Weeks 1-10**

Monday through Thursday 8:15am-9:00pm  
Friday and Saturday 8:30am-5:00pm

EVENING CLASSES IN THE MACP PROGRAM BEGIN AT  
6:10 P.M AND END PROMPTLY AT 9 P.M

### **Weeks 11-13**

Monday through Thursday 8:15am-5:00pm, unless there are makeup classes or planned events.

### **Security Guard**

There is an evening security guard on campus from 5:30 to 9:00pm who patrols the campus and may be available to walk students to their cars. Let the security guard know if you would like to be walked to your car.

### **Classroom Schedule**

The classroom schedule will be posted in the lobby on the first day of class, and will remain there throughout the entire quarter.

### **Reserving Classrooms**

If you need to use a classroom to record something for class, watch a video, or work on a school related project, please contact our Program Coordinator or the front desk to reserve a room. If you have not reserved a room and another group has made a reservation, you will be asked to give up the space.

### **Work Study Positions**

Antioch employs students in Federal Work Study positions as part of their financial aid award. If you are on financial aid and can work 10-20 hours a week, please submit your resume to Human Resources and complete their application.

### **Department Communications**

Located on your Sakai page are links to two MAP Program Sites. For information on how to access Sakai, please refer to page 38 of this manual.

- **MAP Program Site:** On this site, you'll find information regarding special events and job/internship positions.

<https://sakai.antioch.edu/xsl-portal/site/dc6838b8-a65b-47c8-bdfc-af93b070c58a>

- **MAP Clinical Training Site:** On this site, you'll find all the resources you'll need to begin and complete your traineeship, such as the Traineeship Guidelines, Site Agreements and quarterly evaluations.

<https://sakai.antioch.edu/xsl-portal/site/184f93e5-e070-459a-9ece-7477b6e31ca9>

If these sites do not appear on your Sakai "My Sites" page, please contact the Program Coordinator, Tara D'Orazio at (805) 962-8179, ext. 5326 or email to [tdorazio@antioch.edu](mailto:tdorazio@antioch.edu)

### **Parking**

Free parking is available within a few blocks of the campus on the surrounding streets. It is important to pay attention to all posted signs regarding parking regulations to avoid receiving a ticket. A municipal lot is also available directly across from campus on Anacapa Street. After 6:00 pm parking is available in the commuter lot adjacent to the building which can be entered from Cota Street. Evening classes that are held on the Anacapa campus will begin at 6:10 pm to allow students to take advantage of the free parking "after 6 pm" in the commuter lot.

Information on additional parking and transportation resources and options are listed below:

- MTD transportation costs  
<http://sbmtd.gov/fares-and-passes/index.html>
- Map of downtown parking lots (#10 & 11 across the street from campus)  
<http://www.santabarbaraca.gov/NR/rdonlyres/12A6F9C4-52AB-4523-9FBB-DBE8FE6F283A/0/DowntownParkingMap.pdf>
- Hours of operation for downtown parking lots  
[http://www.santabarbaraca.gov/Business/Transportation\\_and\\_Parking/Downtown\\_Parking/DAYS\\_OP.htm?js=false](http://www.santabarbaraca.gov/Business/Transportation_and_Parking/Downtown_Parking/DAYS_OP.htm?js=false)
- Downtown City Parking Lot Rates  
First 75 Minutes are free; each hour or part of an hour after the initial 75 minutes is \$1.50. Each parker is entitled to one 75 Minute free period per 24 hours.
- Parking Lot Rates for Disabled  
First 2 ½ hours are free; each hour or part of an hour after the initial 2 ½ hours is \$1.50. The daily maximum is \$7.00. A valid placard or plate is required.

### **Contact Information for Parking Offices:**

Downtown Parking Office: 805-564-5656

Water Front Parking: 805-564-5523  
1221 Anacapa St. Santa Barbara, CA 93101  
Monday – Friday 8:00 AM – 4:30 PM

**Pre-Paid Parking Cards:**

A Pre-Paid Parking Card is the new and easy way to pay for parking! Just present the card at the exit and go! Pre-Paid Cards are available for purchase at the Downtown Parking Office address, and may be recharged at the Downtown Parking Office up to the original purchase amount (the new campus is located across the street from Downtown Public Lots #10 & #11). Cards are available in \$30, \$60, \$90, & \$120 denominations.

Find more information on Pre-Paid Parking Cards at:

[http://www.santabarbaraca.gov/Visitor/Getting\\_Around/Parking/HOURS\\_OP.htm](http://www.santabarbaraca.gov/Visitor/Getting_Around/Parking/HOURS_OP.htm)

**Emergency Service in City Lots**

<http://sbmtd.gov/passenger-information/emergency-ride-home.html>

(Emergency ride home service for downtown employees who make regular use of public transportation)

Please be reminded that there is all day street parking on many of the residential streets that are 4-5 blocks removed from State St. On the east side of State, all day parking begins on Laguna and Olive Streets. The new campus is conveniently located on the shuttle routes (shuttle transportation costs .25¢)

**Waterfront Shuttle Schedule (starts at 9 am and travels from East Beach to Mesa):**

<http://sbmtd.gov/maps-and-schedules/maps/dwe-map-stops.pdf>

Cross Town Shuttle Schedule and Map:

<http://www.sbmtd.gov/maps-and-schedules/37.html>

Downtown and Waterfront Shuttle (schedule & map):

<http://www.sbmtd.gov/maps-and-schedules/waterfront-shuttle.html>

**Permits for the Waterfront Parking Lots Along Cabrillo:**

\$95/year (\$7.92 a month)

<http://www.santabarbaraca.gov/NR/rdonlyres/EA30DEB2-81CF-4E8D-9DEC->

**Map of Waterfront Parking Lots:**

<16BF9C36381C/0/WATERFRONTPARKINGLOTS.pdf>

<http://sbmtd.gov/maps-and-schedules/waterfront-shuttle.html>



# I. Sakai

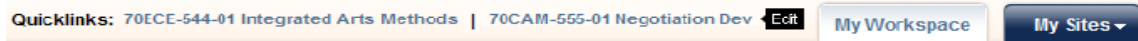
Sakai is a course management system that allows Antioch students and teachers to interact and share information over the web via blogs, chat rooms, calendars, and content portals. A major use of Sakai is as a course site in which instructors can upload handouts, readings and other course materials. There is a Sakai site devoted to each class for which a student registers including any online classes. In this section you'll find information on how to log in and access important Sakai sites specific to the MACP Program.



Antioch Sakai Address: <https://sakai.antioch.edu>

Login ID=Datatel ID. Password=last 4 digits of SS#. **Can't login?** <http://helpdesk.antioch.edu>

On login, you will be in **My Workspace**. Go immediately to **Account > Modify Details** to change your password. You should see **Quicklinks** to your **course(s)** and **project(s)** on the top bar. Click on the course or project site you wish to access. Use the **My Sites** tab to see more sites.



**Home**

**MY COMMUNICATIONS**  
Calendar  
Announcements

**MY TOOLS**  
Resources  
Blogger  
News  
Web Content  
Search

**MY SETTINGS**  
Profile  
Membership  
Preferences  
Account  
Site Setup

### My Workspace

**Home:** Brings you back to the My Workspace home screen  
**Calendar:** Manage personal schedule – see all schedules  
**Announcements:** View announcements for all courses/projects

**Resources:** Private storage space to upload documents  
**Blogger:** In-Sakai personal blog (not published to web)  
**News:** Sakai news  
**Web Content:** Display a web site outside the system  
**Search:** Use Search to look for content within or across sites in which you're a member

**Profile:** Create, update, manage your Sakai profile  
**Membership:** Displays your sites and sites you may join  
**Preferences:** Enables you to change your personal preferences  
**Account:** Allows you to view your account details  
**Site Setup:** Manage your workspace tools

### Course Site – Frequently Used Tools

**Home:** Brings you back to the course home screen

**Announcements:** View/Post\* course announcements  
**Calendar:** View/Post\* course schedule  
**Discussion Forums:** Post to class discussions – upload your avatar  
**Mailtool:** Send messages to instructor/participants  
**Chat Room:** Meet course participants to converse in real time

**Syllabus:** View/Post\* course syllabus  
**Lessons:** Move through/Post\* a set of materials or modules  
**Resources:** Access/Post\* course content  
**Assignments:** View/Post\* and submit assignments  
**Antioch's Websites:** Link to the AU homepage

\* instructor functions

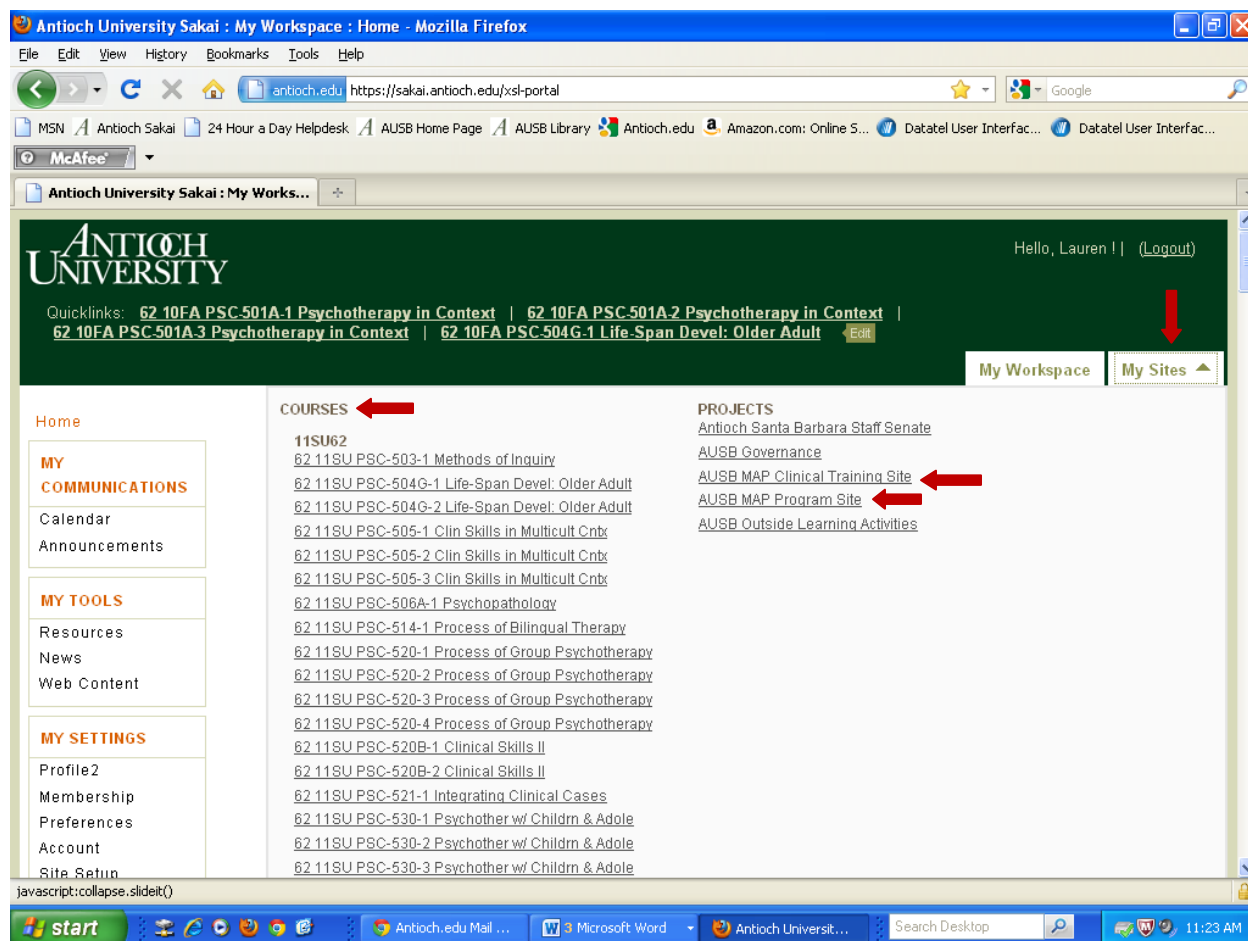
**Home**

**COMMUNICATION**  
Announcements  
Calendar  
Discussion Forums  
Mailtool  
Chat Room

**COURSE TOOLS**  
Syllabus  
Lessons  
Resources  
Assignments  
Antioch's Websites

Version 1.1

After logging into Sakai, click on the “My Sites” tab in the upper right hand corner of your screen.

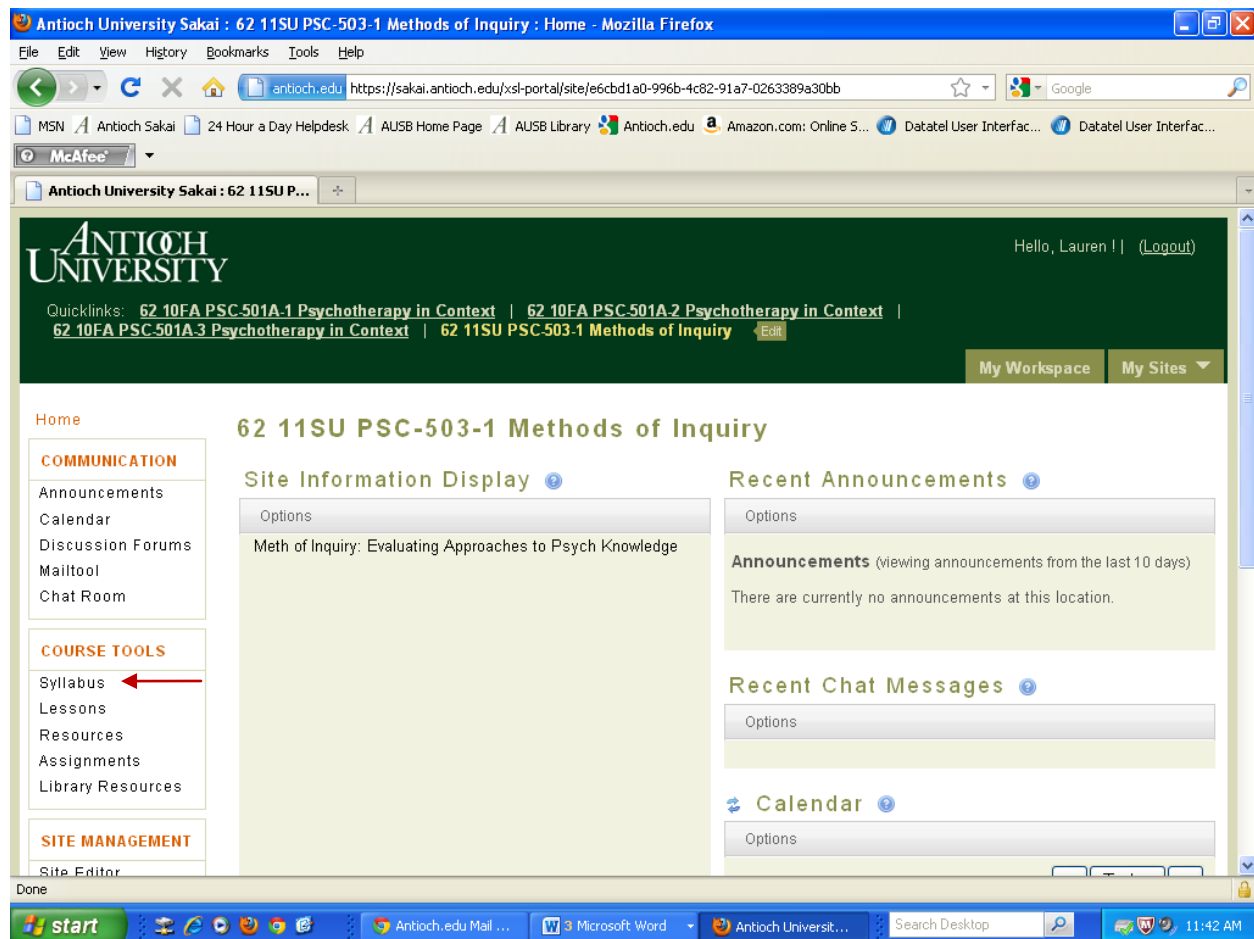


This is where you'll find the Sakai page for each of your classes. The class list, under "Courses" is updated each quarter. Fall 2011 classes are listed under "11FA62". Winter 2012 classes will be listed under "12WI62", etc. If you do not see a link for the class you're looking for, that means that the Instructor has not yet made the site available for viewing. Make sure to check in regularly for updates.

The Clinical Training Site and the MAP Program Site are listed under "Projects".

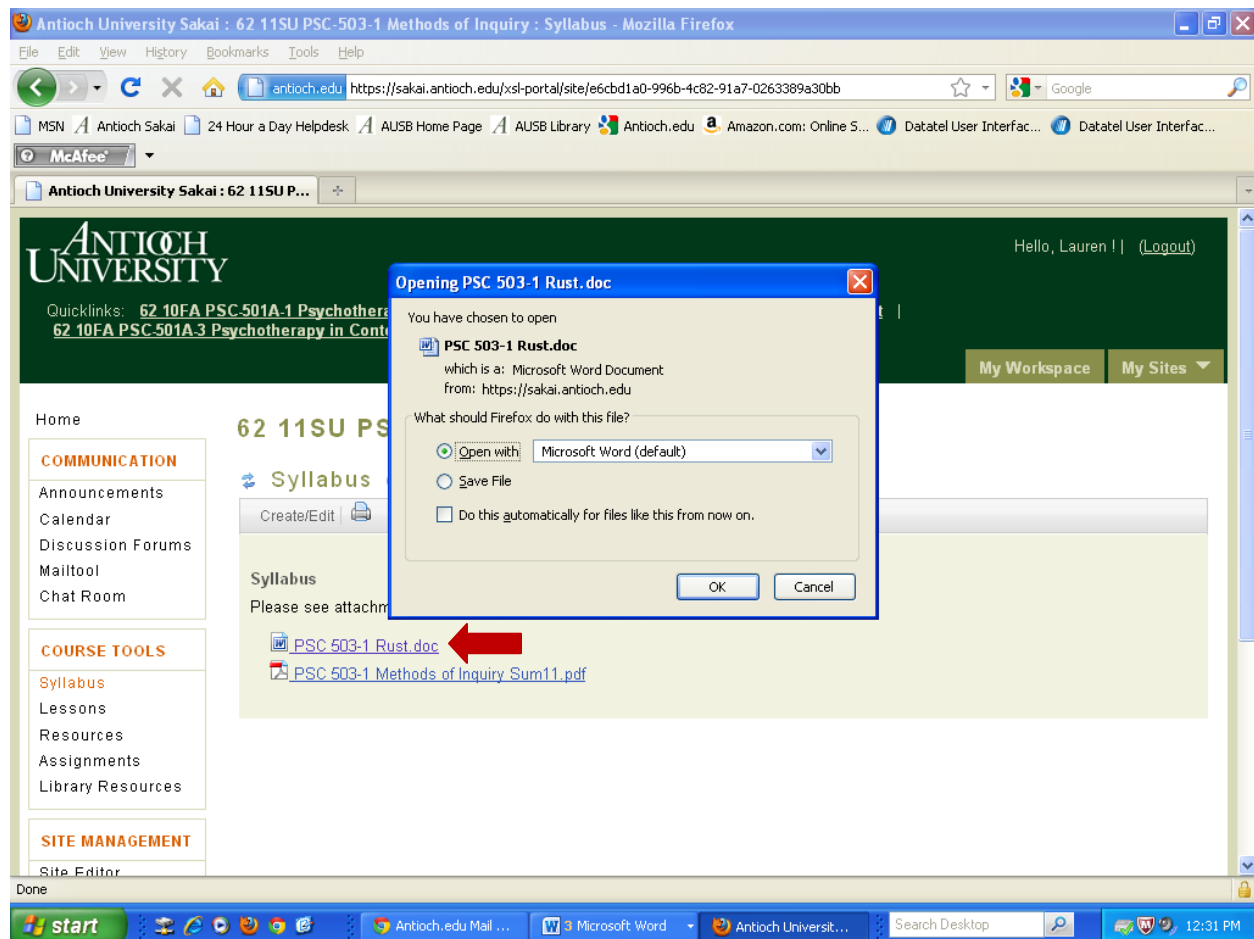
**\*Please Note: The "Quicklinks" at the top of the page do not update automatically each quarter. To view an up-to-date course list, click on the "My Sites" tab.**

To find the syllabus and/or reader for your class, click on the link of the class you want under "Courses".



Once you've clicked on the appropriate link, you'll be directed to the class's home page. On the left hand side of the screen you'll see additional links to access the information you need.

Syllabus: This is where you'll find a copy of the class syllabus for viewing and downloading. The Syllabus will appear just like an attachment in an email. Click on the link and the syllabus will automatically begin to download.



For most courses using a reader, this document can be found under “Resources” or “Assignments.” The instructor will let you know where to find the Reader. Each article in the reader can be uploaded as individual files (see screen shot on the next page).

The screenshot shows a web browser window displaying the Sakai LMS interface for the course "62 11SU PSC-506A-1 Psychopathology". The page title is "62 11SU PSC-506A-1 Psychopathology Resources". The interface includes a navigation menu on the left with sections for "COMMUNICATION", "COURSE TOOLS", and "SITE MANAGEMENT". The main content area shows a list of resources with columns for "Title", "Access", "Created By", "Modified", and "Size". The resource "GUIDELINES FOR CASE REVIEW RESEARCH PAPER.doc" is highlighted in yellow.

Title	Access	Created By	Modified	Size
62 11SU PSC-506A-1 Psychopathology Resources				
Biopsychosocial Notes on Board.doc	Entire site	Robert Tauber	Jul 27, 2011 5:48 pm	128.5 KB
GUIDELINES FOR CASE REVIEW RESEARCH PAPER.doc	Entire site	Robert Tauber	Aug 9, 2011 1:44 pm	27 KB
Involuntary Commitment Documents	Entire site	Robert Tauber	Jul 10, 2011 2:22 pm	0.8 MB
Midterm Test Study Guide Summer 2011.doc	Entire site	Robert Tauber	Aug 5, 2011 2:54 pm	29 KB
Mood Disorders in Color.pdf	Entire site	Robert Tauber	Aug 5, 2011 2:54 pm	81.3 KB
Psych+movies.pdf	Entire site	Robert Tauber	Aug 9, 2011 1:58 pm	470.4 KB

Or it can be uploaded as one entire file and organized into a folder. (See screen shot on the next page.)

Antioch University Sakai : 62 11SU PSC-504G-1 Life-Span Devel: Older Adult : Resources - Mozilla Firefox

File Edit View History Bookmarks Tools Help

antioch.edu https://sakai.antioch.edu/xsl-portal/site/2b4d8f68-72d9-4ba0-9922-a41204b53c9d/page/1f30c722-a

MSN Antioch Sakai 24 Hour a Day Helpdesk AUSB Home Page AUSB Library Antioch.edu Amazon.com: Online S... Datatel User Interfac... Datatel User Interfac...

McAfee

Antioch University Sakai : 62 11SU P...

Announcements  
Calendar  
Discussion Forums  
Mailtool  
Chat Room

**COURSE TOOLS**  
Syllabus  
Resources  
Drop Box  
Library Resources

**SITE MANAGEMENT**  
Site Editor  
Site Statistics

Help  
Lauren Smoldt

Site Resources | Upload-Download Multiple Resources | Permissions | Options

Location: 62 11SU PSC-504G-1 Life-Span Devel: Older Adult Resources

Copy

<input type="checkbox"/>	Title	Access	Created By	Modified	Size
<input type="checkbox"/>	62 11SU PSC-504G-1 Life-Span Devel: Older Adult Resources				
<input type="checkbox"/>	Gruenewald and Kemeny 2007	Entire site	Frank Rust	Aug 16, 2010 1:14 pm	2 items
<input type="checkbox"/>	Lecture Notes	Entire site	Frank Rust	Jul 30, 2011 12:48 am	1 item
<input type="checkbox"/>	Old and Naveh-Benjamin 2008	Entire site	Frank Rust	Aug 16, 2010 1:14 pm	2 items
<input type="checkbox"/>	Reader	Entire site	Frank Rust	Jun 23, 2011 10:08 am	2 items
<input type="checkbox"/>	Antioch Header.JPG	Entire site	Frank Rust	Sep 28, 2010 5:15 am	19.2 KB

Show other sites

Done

start Antioch.edu Mail ... Microsoft Word Antioch Universit... Search Desktop 12:23 PM

Continued on next page.

Antioch University Sakai : 62 11SU PSC-504G-1 Life-Span Devel: Older Adult : Resources - Mozilla Firefox

File Edit View History Bookmarks Tools Help

antioch.edu https://sakai.antioch.edu/xsl-portal/site/2b4d8f68-72d9-4ba0-9922-a41204b53c9d/page/1f30c722-a

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Antioch University Sakai : 62 11SU P...

**ANTIOCH UNIVERSITY** Hello, Lauren | (Logout)

Quicklinks: [62 10FA PSC-501A.1 Psychotherapy in Context](#) | [62 10FA PSC-501A.2 Psychotherapy in Context](#) | [62 10FA PSC-501A.3 Psychotherapy in Context](#) | [62 11SU PSC-504G-1 Life-Span Devel: Older Adult](#) [Edit](#)

My Workspace My Sites

Home

**COMMUNICATION**

- Announcements
- Calendar
- Discussion Forums
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**COURSE TOOLS**

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**SITE MANAGEMENT**

- Site Editor
- Site Statistics

**62 11SU PSC-504G-1 Life-Span Devel: Older Adult**

**Resources**

Location: [62 11SU PSC-504G-1 Life-Span Devel: Older Adult Resources / Reader](#)

Copy

<input type="checkbox"/>	Title	Access	Created By	Modified	Size
<input type="checkbox"/>	Reader				
<input type="checkbox"/>	Print and Bring to Class.pdf	Entire site	Frank Rust	Jun 23, 2011 9:43 am	0.7 MB
<input type="checkbox"/>	Investigate on line "Assessment Tools - Try This"	Entire site	Frank Rust	Jun 23, 2011 9:55 am	34 bytes

Done

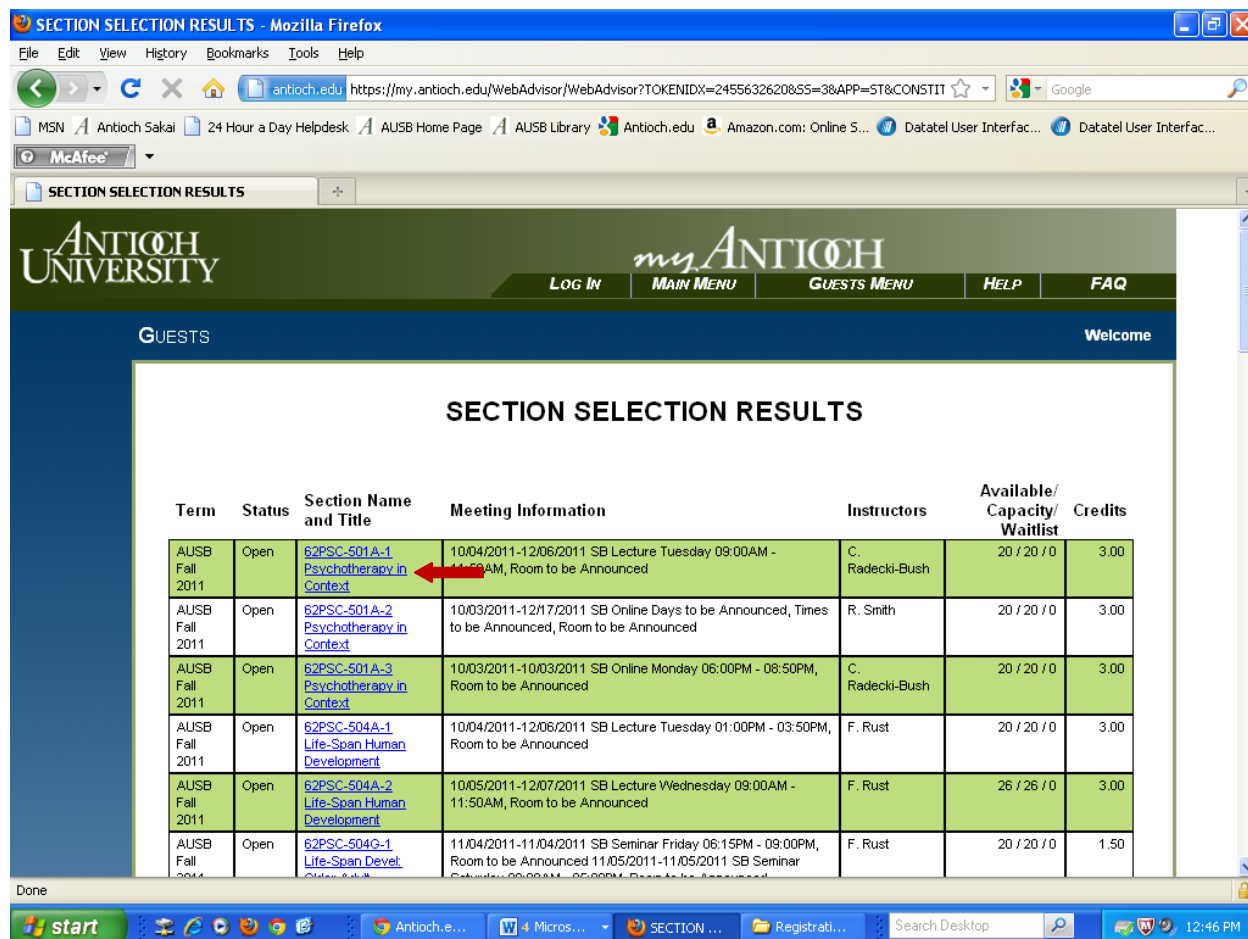
start Antioch.edu Mail ... 3 Microsoft Word Antioch Universit... Search Desktop 12:24 PM

# I. My Antioch

## How to find your books in My Antioch

\*For instructions on how to log into MyAntioch for the first time, please refer the Registration Packet located at <https://sakai.antioch.edu/xsl-portal/site/dc6838b8-a65b-47c8-bdfc-af93b070c58a/page/b2f1e96a-1cd4-4ea5-9f44-fe63953e9ca5>

Once you are logged in, you'll see a list of the classes for which you are registered:



The screenshot shows a web browser window with the URL <https://my.antioch.edu/WebAdvisor/WebAdvisor?TOKENIDX=2455632620855=38&APP=ST&CONSTIT>. The page title is "SECTION SELECTION RESULTS". The user is logged in as a "GUESTS" user. The main content area is titled "SECTION SELECTION RESULTS" and contains a table with the following data:

Term	Status	Section Name and Title	Meeting Information	Instructors	Available/ Capacity/ Waitlist	Credits
AUSB Fall 2011	Open	<a href="#">62PSC-501A-1 Psychotherapy in Context</a>	10/04/2011-12/06/2011 SB Lecture Tuesday 09:00AM - 11:59AM, Room to be Announced	C. Radecki-Bush	20 / 20 / 0	3.00
AUSB Fall 2011	Open	<a href="#">62PSC-501A-2 Psychotherapy in Context</a>	10/03/2011-12/17/2011 SB Online Days to be Announced, Times to be Announced, Room to be Announced	R. Smith	20 / 20 / 0	3.00
AUSB Fall 2011	Open	<a href="#">62PSC-501A-3 Psychotherapy in Context</a>	10/03/2011-10/03/2011 SB Online Monday 06:00PM - 08:50PM, Room to be Announced	C. Radecki-Bush	20 / 20 / 0	3.00
AUSB Fall 2011	Open	<a href="#">62PSC-504A-1 Life-Span Human Development</a>	10/04/2011-12/06/2011 SB Lecture Tuesday 01:00PM - 03:50PM, Room to be Announced	F. Rust	20 / 20 / 0	3.00
AUSB Fall 2011	Open	<a href="#">62PSC-504A-2 Life-Span Human Development</a>	10/05/2011-12/07/2011 SB Lecture Wednesday 09:00AM - 11:50AM, Room to be Announced	F. Rust	26 / 26 / 0	3.00
AUSB Fall 2011	Open	<a href="#">62PSC-504G-1 Life-Span Devel opment</a>	11/04/2011-11/04/2011 SB Seminar Friday 06:15PM - 09:00PM, Room to be Announced 11/05/2011-11/05/2011 SB Seminar Saturday 09:00AM - 09:00PM, Room to be Announced	F. Rust	20 / 20 / 0	1.50

Click on the hyperlink located in the “Section Name and Title” Column. **Please Note: You can only view one class at a time.**

Section Information - Mozilla Firefox

File Edit View History Bookmarks Tools Help

antioch.edu https://my.antioch.edu/WebAdvisor/WebAdvisor?TOKENID=X=1544115222&SS=1&APP=ST&CONSTIT

MSN Antioch Sakai 24 Hour a Day Helpdesk AUSB Home Page AUSB Library Antioch.edu Amazon.com: Online S... Datatel User Interfac... Datatel User Interfac...

McAfee

Section Information

Number

Description This course examines different approaches to the generation and evaluation of psychological theory and data. Strengths, weaknesses, and ethical practice of quantitative and qualitative methods are examined with attention to the descriptive and inferential statistical methods used in hypothesis testing and psychological assessment.

Credits 3.00 Max. Credits

Start Date 05 July 2011 End Date 17 September 2011

Academic Level 62MA - Graduate

Comments

Meeting Information

07/05/2011-09/06/2011 SB Lecture Tuesday 06:00PM - 08:50PM, Garden Street, Room 203

Faculty name	Phone	Extension	E-mail address	Instructional Method
No Information Available				

Prerequisites

None

Title	Author	Publisher	Copyright	ISBN	Price	Req.
APA PUBLICATION MANUAL	APA			9781433805615	28.95	Required
Critical Thinking About Research: Psychology and Related Fields	Julian Meltzoff	APA	1998	9781557984555	24.95	Required
Total:					53.90	

Pricing variation may occur, please contact your book vendor for details.

CLOSE WINDOW

LOG IN MAIN MENU GUESTS MENU HELP FAQ

Done

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Book information is listed at the bottom of the screen. Here you will find the ISBN, pricing, and if the book is “required” or “recommended.”

You can also see if the class requires a reader. If the course does require a reader, the information will be listed under “Comments”.(See screen shot on the next page)

Section Information - Mozilla Firefox

File Edit View History Bookmarks Tools Help

antioch.edu https://my.antioch.edu/WebAdvisor/WebAdvisor?TOKENIDX=9086437263&SS=1&APP=ST&CONSTIT

MSN Antioch Sakai 24 Hour a Day Helpdesk AUSB Home Page AUSB Library Antioch.edu Amazon.com: Online S... Datatel User Interfac... Datatel User Interfac...

McAfee

**Section Information**

Section Number

Description This course meets the ten-hour BBS requirement for the study of the biological, psychological and social aspects of aging from an holistic perspective. Students will learn to identify red flags, assess common disorders such as depression and dementia, as well as incorporate positive components that contribute to healthy aging. Students will learn how to consider and implement treatment options for elderly clients and their families, as well as working with community supports and making community referrals.

Credits 1.50 Max. Credits

Start Date 05 July 2011 End Date 17 September 2011

Academic Level 62MA - Graduate

**Comments**  
Required Text: Course Reader

**Meeting Information**

Faculty name	Phone	Extension	E-mail address	Instructional Method
No Information Available				

07/29/2011-07/29/2011 SB Seminar Friday 06:00PM - 08:50PM, Garden Street, Room 203  
07/30/2011-07/30/2011 SB Seminar Saturday 09:00AM - 05:00PM, Garden Street, Room 203

**Prerequisites**  
None

Title	Author	Publisher	Copyright	ISBN	Price	Req.
To Be Determined						
					Total:	0.00

Pricing variation may occur, please contact your book vendor for details.

**CLOSE WINDOW**

LOG IN MAIN MENU GUESTS MENU HELP FAQ

Done

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