

2011-12 Santa Barbara City College
BA Concentration Preparation for Antioch University

Applied Psychology (PSY) Major Concentration
BA in Liberal Studies

Student			
	First	Middle	Last
	Student ID		

Pre-Requisites at SBCC (Units)	Planned	In Progress	Completed
PSY 100 or 100H General Psychology (3-4)			
PSY 145 Human Development (3)			
PSY 175 or SOC 104 Social Psychology (3)			

Because Antioch University Santa Barbara offers a B.A. degree-completion program, we only offer upper-division, university-level courses. As a result, lower-division community college courses count as pre-requisites for AUSB courses.

All students are expected to complete the pre-requisites for the Major Concentration *prior* to enrolling at AUSB or via **concurrent enrollment** before end of second quarter at AUSB.

A maximum of 57 quarter (38 semester) units may be accepted in transfer for any one department. Of this, a maximum of 30 quarter (20 semester) units can be applied to a Major Concentration.



2011-12 Major Concentration in Applied Psychology (PSY) Bachelor of Arts Degree in Liberal Studies

The profession has given rise to a mental health industry and a variety of professional roles and responsibilities. This major concentration encourages students to examine the values and biases embedded in psychological theory as well as the historical, societal, and political context of psychological theories and practices. The curriculum is designed to provide students with knowledge of psychology across a number of sub-disciplines including clinical, community, developmental, and global psychology. Courses focus on theory and intervention skills that modify behavior, teach client skills, or support individuals who are experiencing psychological distress. They also learn case management skills, client advocacy, and the process of referral to other professionals and agencies. Emphasis is placed on diversity and its effects on the study and practice of psychology.

This concentration is relevant for anyone interested in a career in psychology related fields in corporate, public, government and nonprofit organizations. This concentration prepares students for careers providing psycho-education and/or support, using basic counseling skills to support clients or assist them with problem solving as well as following treatment plans designed to reduce symptoms or modify behaviors.

Curriculum

To better understand diverse communities, Antioch recommends courses that focus on gender, ethnic and racial differences, and various forms of disability. Students who seek preparation for graduate work at the doctoral level should also participate in research activities with an Antioch faculty member. In accordance with American Psychological Association (APA) recommendations, students in the Psychology Concentration are advised to take a broad range of liberal arts courses in the arts, science, philosophy, and quantitative studies in addition to psychology.

In addition to the degree requirements, students pursuing any concentration must complete a minimum of 30 and a maximum of 60-quarter units with at least 24 upper-division units completed at AUSB. All courses at AUSB are upper-division and students pursuing this concentration must complete the lower-division pre-requisite courses prior to their second term. Students are strongly encouraged to complete several of the following courses (chosen in consultation with an Academic Advisor):

- Global Perspectives on Psychopathology
- Counseling Theory & Coaching Techniques
- Theories of Personality
- Community Psychology & Social Change
- Principles of Group Counseling
- Positive Psychology
- Psychopharmacology
- Child Development
- Adult Development & Aging
- Adolescent Development
- Effective Interventions in Mental Health
- Issues in Chemical Dependency
- Family Systems: Global Perspectives
- Child Psychology: The Effect of Trauma

Students may choose from the following related courses to complete their curriculum: Psychology of Gender & Sexuality, Eco-psychology, Transformation of Consciousness, Theories of Learning & Cognition, Group Dynamics, Latino Community in American Society, and Conflict Management to name a few.

Internships

Internships that provide hands-on experience in psychology may be designed in a variety of settings. Antioch encourages students to design their own internships or seek intern placements at a variety of community agencies. Options include working with populations affected by addiction, violence, homelessness, developmental disabilities, etc.